

## Community Happenings

Here are some scenes from the **2016 Holiday Party** put on by the Borough. Families enjoyed food, drinks, Santa's goodie bags and a cuddly stuffed bear or puppy. Spray tattoos and fun balloon animal hats were enjoyed by all the kids. The Turtle Creek Fire Department had Santa return to say Merry Christmas on a ride-along, while helpers passed out candy as they went.



### Turtle Creek Has Class— All Class!

Plans are being made for TC High School All Class Get Together on September 3, 2017.

It will be held at Westinghouse Lodge on Greensburg Pike from 1:00 to 11:00. Hot Buffet 5:30-7:30. BYOB /water and soft drinks included. DJ entertainment provided. Look for updates on ticket sales and further details.

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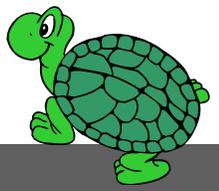
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## Eastern Area Adult Services-

### *34 years of service to Turtle Creek Senior Citizens*



Volunteer Marian Hahey coordinates packaging of meals on wheels.

#### ***What do you want to be when you grow up?***

We may have rolled our eyes when asked this as a kid, but do we give much thought to what we want to be when we *really* grow up? Imagining how we would like to live in our later years is the first step to making it happen.

Back in 1983 **Eastern Area Adult Services** incorporated as a non-profit agency and their vision has provided the support needed by hundreds of seniors and their families for several generations now. This support ranges from exercise classes, meals, flu shots and crafts to referrals for protective services. EAAS administrative offices are located in Keystone Commons, with staff working there and other locations.

The **Turtle Creek Senior Center** is probably the most visible of their programs. You may not have known that our Center was established in 1972, the first senior center in Allegheny County. Open weekdays from 9-4 pm, the Turtle Creek Center is one of three administered by **EAAS**, with others in Braddock Hills and Swissvale. Turtle Creek seniors can take Tai Chi classes, join the Silver Sneakers program, or just enjoy lunch with friends.

Jan McDowell, the Turtle Creek Center Manager, is also the agency's **Information Assistance Specialist**. She provides a gateway for families looking for resources available locally through the Allegheny County Department of Human Services Area Agency on Aging, or from a wide range of other service providers.

**Meals on Wheels** is made available in Turtle Creek through **EAAS**. Seniors who are no longer able to cook on their own can receive five meals weekly from volunteers who take the time to make sure that all is well. The meals are packaged and delivered by thirty five volunteers, serving 200 seniors in Turtle Creek, Swissvale, Wilkinsburg, and surrounding areas.

**EAAS** can also arrange **home care services**, providing trained caregivers who can provide companionship, housekeeping, help with bathing and dressing, or respite for caregivers. Currently over 400 seniors receive in home services through EAAS. Depending on income levels, funding may be available to cover costs through the Area Agency on Aging. Caregivers are provided with complete training, ongoing mentoring and support. *(EAAS is always looking for compassionate employees to serve as home care aides. For more information call 412-829-9250 ext. 120)*

If staying active in your own neighborhood is part of your vision of how you want to grow old, thank **EAAS** for their efforts in making this happen for Turtle Creek seniors. Volunteers are especially needed to help deliver Meals on Wheels.

For more information, call (412) 824-6880, email [eaas@eaas.net](mailto:eaas@eaas.net), or visit their webpage at <http://www.eaas.net/>.

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